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# The Hottest Trends

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## Send Your Feet to Rehab

Mar 17, 2008



Fix Your Feet!

It is a fact that all women across America are committing murder—to their feet! Women tread around all day in heels with their toes crammed in every nook and cranny of their shoes. Does this sound remotely familiar to you?

Somehow over the years heels have become a woman's cross trainer. They rack up mileage when you're at work, going on that big date, traveling, or hitting up metro-Detroit hotspots. There are even some women who cut the grass in heels. Ok, that's too crazy. However, my point is that there is no way we are going to give up high heels even though we know they're bad for us! Besides, they make our calves look oh so sexy.

To remedy horrendous foot issues, an Ann Arbor yoga instructor, Frederic Ferri, invented a foot care product called **Yoga Toes**. Yoga Toes is a bendy jelly-like device that you slide your feet into. It stretches your feet while exercising and aligning them all while you relax (it's not an 18th century torture device). Yoga Toes may feel awkward at first, but this feeling is due to all the abuse you've put your feet through.


If you're one of those women who would rather have foot surgery when she's 50 years old than to give up those sexy stilettos, this could be a great alternative for you. Yoga Toes claims to do the following: align your feet and get rid of horrible foot conditions (i.e. bunions, hammer toes, and heel pain). For its price, it still beats having painfully invasive surgery where you're off your feet for weeks and aren't getting paid.

The fun part about this is that Yoga Toes come in many colors. These bendy foot devices come in everything from pink to green-apple. Also, they come in both men's and women's sizes. Since Yoga Toes can be worn by men too, try buying him a pair in a man's size and a macho color (unless he likes pink).

So, if you're like me and aren't planning on giving up your high heels anytime soon, especially since spring and summer are coming up, you may want to try sending your feet to rehab. Yoga Toes will help rehabilitate your feet and detoxify them from all the abuse.

Just remember that men love a woman in high heels, but they love a woman with great looking feet even better!

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The purpose of going out at night is to...

- Pick up girls/guys of course!
- Relax after a long day of work
- Have a good time with friends
- A little bit of each

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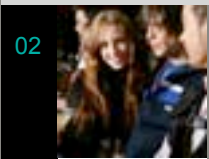


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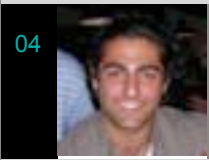


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